

Disgrifiad Swydd

Teitl y swydd	Gweithiwr Cefnogi (Trwy Oedran) Lefel 3 – Lles Meddyliol
Gwasanaeth	Porth Cynnal
Gradd	Gradd 7
Cyfeirnod at ddibenion Gwerthuso Swyddi	JD 1486 vp
Cyflog	£27,711 - £29,572 pro rata
Diben y swydd	<p>Gweithio yn y Model Gwasanaethau Integredig Trwy Oedran a Llesiant i gynorthwyo gyda chynllunio, cefnogi, goruchwylio ac ymgymryd â gweithgareddau penodol a gwaith arall gyda phlant, pobl ifanc, oedolion a'u teuluoedd sy'n profi problemau iechyd meddwl.</p> <p>Bod yn ymatebol a hyblyg i anghenion y Model Gwasanaethau Integredig Trwy Oedran Lles gan gynnwys datblygu a rhedeg ataliadau ac ymyriadau sy'n hyrwyddo canlyniadau da ac a fydd yn cynyddu diogelwch a gwydnwch defnyddwyr gwasanaethau.</p> <p>Bydd y rôl hon yn gweithio o fewn Lles Meddyliol. Ar adegau pan fo angen bydd gofyn i chi weithio mewn neu ar y cyd â Tîm neu leoliad arall o fewn y Model Gwasanaethau Integredig Trwy Oedran a Llesiant.</p>
Lleoliad	Penmorfa, Aberaeron
Oriau gwaith	37 awr yr wythnos
Math o contract	Llawn Amser
Hyd y contract	Tymor Penodol 1 flwyddyn
Teitl swydd y Rheolwr Llinell	Emma Thomas Rheolwr Tîm Lles Meddyliol
Cyfrifoldebau goruchwylio/rheoli	Goruchwylio aelodau staff newydd yn ystod hyfforddiant cynefino sy'n seiliedig ar dasgau gwaith pan fydd deiliad y swydd wedi'i baru/pharu â nhw.
Atebolrwydd	<p>Yn gyfrifol am:</p> <ul style="list-style-type: none"> • I.C.T. offer e.e. tabled, ffôn symudol a/neu liniadur. • Cyflenwadau ac offer sy'n berthnasol i'r rôl megis cynhyrchion gofal personol, offer chwarae.
Y telerau contractiol sy'n gysylltiedig â'r swydd	Mae diogelu ac amddiffyn oedolion a phlant mewn perygl yn flaenoriaethau allweddol i ni. Ein nod yw cefnogi oedolion, plant a phobl ifanc sydd mewn perygl i sicrhau eu bod mor ddiogel ag y gallant fod. Rydym yn cydnabod eu hawl i amddiffyniad a byddwn yn cymryd camau i ddiogelu eu lles. Disgwylir i bob aelod o staff a gwirfoddolwr rannu'r ymrwymiad hwn, a byddwn angen Gwiriad Oedolion a Phlant Manwl a Gwaharddedig gan y Gwasanaeth Datgelu a Gwahardd (DBS) cyn penodi i'r swydd hon.

Trosolwg ar y Model
Gwasanaethau Integredig
Gydol Oes a Llesiant

Mae'r Model Gwasanaethau Integredig Gydol Oes a Llesiant yn ffordd newydd o ddiwallu anghenion pobl drwy sicrhau bod y bobl iawn yn eu lle i wneud y penderfyniadau iawn ar yr adeg iawn.

Bydd y Model Gwasanaethau Integredig Gydol Oes a Llesiant:

- yn fan cyswllt cyntaf ar gyfer preswylwyr a phartneriaid allweddol
- yn llunio ac yn darparu pecynnau atal ac ymyrraeth gynnar pwrpasol i ddiwallu anghenion unigolion
- yn pennu'r gwasanaethau mwyaf priodol i roi cynlluniau gofal a chymorth ar waith yn brydlon
- yn monitro ac yn gwerthuso effaith y cymorth

Dyletswyddau a chyfrifoldebau

DYLETSWYDDAU

- Cyflawni dyletswyddau a bennir mewn cynlluniau gofal a chymorth. Gall hyn gynnwys gweithio gyda defnyddwyr gwasanaeth ag anghenion cymhleth neu ddwys.
- Cynorthwyo i asesu defnyddwyr gwasanaeth, gan gynnwys y rheini ag anghenion cymhleth neu ddwys, i osod sail ar gyfer cynlluniau gofal / cymorth.
- Datblygu a gweithredu rhaglenni gwaith uniongyrchol a rhithiol penodol gyda phlant, pobl ifanc ac oedolion ar sail un i un, teulu neu grŵp, gan weithio ochr yn ochr â gweithwyr proffesiynol ac asiantaethau eraill i gefnogi cynlluniau gofal a chymorth.
- Cynorthwyo â datblygiadau, darpariaethau, rhaglenni a phrosiectau'r Gwasanaeth drwy ddatblygu a darparu sesiynau/cymorth penodol i ddefnyddwyr gwasanaeth ag anghenion cymhleth neu ddwys.
- Hwyluso dysgu a hyfforddiant sy'n seiliedig ar sgiliau mewn grwpiau bach.
- Os oes angen, bod yn gyfrifol am lwyth achosion bach neu waith a drosglwyddir drwy ddyraniad eilaidd, lle bydd yn ofynnol gweithio'n ddwys gyda defnyddwyr gwasanaeth i'w hatal rhag mynd i argyfwng.
- Pennu a rheoli risgiau tymor byr a thymor canolig i sicrhau bod defnyddwyr gwasanaeth yn ddiogel, ac adnabod risgiau y mae'n rhaid eu huwchgyfeirio at y gweithiwr proffesiynol priodol.
- Bod yn gyfrifol am roi mesurau ataliol ac ymyriadau ar waith, gan gynnwys mewn achosion cymhleth, a fydd yn cynorthwyo unigolion â'u llesiant meddwl, eu llesiant cymdeithasol a'u llesiant corfforol, a cheisio gwella eu canlyniadau yn y tymor hir.

- Cydweithio ag unigolion, eu teuluoedd ac asiantaethau eraill mewn ffordd gyson a rhagweithiol, gan ddefnyddio dull sy'n seiliedig ar gryfderau yn unol â'r model Arwyddion Diogelwch.
- Rhoi ar waith y mathau o gymorth y cytunwyd arnynt mewn cynlluniau gofal a chymorth pan fo'r berthynas rhwng unigolion yn anodd.
- Dilyn cynllun rheoli ymddygiad cadarnhaol wedi'i deilwra i'r unigolyn, gan ddefnyddio'r technegau a'r adnoddau a amlinellir yn y cynllun gofal a chymorth neu mewn unrhyw gynllun ymyrraeth arall.
- Darparu datganiad tyst ar gyfer achosion cyfreithiol pan fo angen.
- Cynnal systemau cofnodi cyfredol, fel sy'n ofynnol i ddogfennu'ch gwaith.
- Bod ar gael i weithio oriau anghymdeithasol.
- Ymgymryd ag unrhyw ddyletswyddau eraill sy'n gymesur â lefel a disgwyliadau'r swydd, gan gynnwys pan fo gofyn gweithio mewn tîm a/neu leoliad arall.

Sicrhau ansawdd

- Gwerthuso bodlonrwydd defnyddwyr y gwasanaeth â'r cymorth a ddarparwyd iddynt.
- Cadw cofnodion priodol yn unol â gofynion y Cyngor neu'r Gwasanaeth, a darparu data lle bo'n berthnasol.

Cyfrifoldebau cyffredinol

- Mynd ati i hybu'r Gymraeg a dewisiadau iaith defnyddwyr y gwasanaeth fel sy'n ofynnol gan Safonau'r Gymraeg a fframwaith Mwy na Geiriau.
- Hybu cyfle cyfartal o ran darparu gwasanaethau.
- Meithrin perthynas waith effeithiol â chydweithwyr mewnol ac allanol ac asiantaethau eraill.
- Ymlynu wrth ddeddfwriaeth a chanllawiau statudol perthnasol, a pholisïau a gweithdrefnau mewnol o ran materion proffesiynol a gweinyddol.
- Meddu ar wybodaeth am strategaethau cenedlaethol a lleol perthnasol, ac ymwybyddiaeth ohonynt, gan gynnwys y Strategaeth Integredig Gydol Oes a Llesiant.

- Mynd i gyfarfodydd tîm, sesiynau goruchwyllo a chyrsgiau hyfforddi pan fo'n briodol ac yn unol â chyfarwyddyd y rheolwr llinell er mwyn datblygu'n bersonol ac yn broffesiynol.

Manyleb Person

Hanfodol		
Cymwysterau academaidd / proffesiynol / technegol / galwedigaethol	<ul style="list-style-type: none"> • QCF3 mewn pwnc perthnasol neu gymhwyster cyfatebol mewn disgyblaeth sy'n berthnasol i weithio gyda phlant, pobl ifanc, oedolion a/neu deuluoedd (neu fod yn gweithio tuag at gymhwyster o'r fath) neu'r gallu i ddangos cymhwysedd drwy brofiad • Pum TGAU gradd C neu uwch, gan gynnwys Mathemateg a Chymraeg neu Saesneg, neu gymwysterau cyfatebol. 	
Sgiliau Cymraeg	Gwrando/Siarad: Lefel 3 Darllen: Lefel 2 Ysgrifennu Lefel 2	Bydd yn ofynnol i ddeiliad y swydd feddu ar y sgiliau Cymraeg a nodir cyn pen dwy flynedd ar ôl ei benodi/phenodi.
Sgiliau Saesneg	Gwrando/Siarad: Lefel 3 Darllen: Lefel 3 Ysgrifennu Lefel 3	Bydd yn ofynnol i ddeiliad y swydd feddu ar y sgiliau Saesneg a nodir pan gaiff ei benodi/phenodi i'r swydd
Sgiliau ymarferol a phersonol gofynnol	<ul style="list-style-type: none"> • Sgiliau rhyngpersonol rhagorol, ynghyd â'r gallu i ymgysylltu'n effeithiol â phlant, pobl ifanc, oedolion a theuluoedd. • Gallu meithrin perthynas waith adeiladol â chydweithwyr, cymunedau a rhwydweithiau eraill. • Gallu cyfathrebu'n glir ac yn effeithiol â phlant ac oedolion, gan ddangos tystiolaeth o sgiliau da yn y Gymraeg neu'r Saesneg yn ysgrifenedig ac ar lafar. • Ymgymryd â hyfforddiant priodol i gyfrannu at ddatblygiad proffesiynol ac at feithrin sgiliau. • Deall swyddogaethau a chyfrifoldebau mewn gwahanol amgylcheddau a disgyblaethau proffesiynol. • Gweithio'n adeiladol fel aelod o dîm ac o'i ben/phen a'i bastwn/phastwn ei hun. • Gallu cynorthwyo defnyddwyr gwasanaeth a all fod yn bryderus ac yn ofidus ar brydiau, gan gynnwys achosion cymhleth. • Gweithio mewn ffordd gynhwysol i hybu cydraddoldeb ac i gynorthwyo unigolion i wireddu eu potensial. • Deall sut i weithio mewn ffordd sy'n canolbwyntio ar yr unigolyn, a meddu ar y gallu i wneud hynny. • Bod yn ymwybodol o faterion diwylliannol ac ieithyddol. • Sgiliau TG ar draws systemau ac offer amrywiol, e.e. cronfa ddata cleientiaid gofal cymdeithasol, e-bost, rhaglenni dysgu ar y Rhyngrwyd, a rhaglenni Microsoft. • Gallu cyfathrebu'n effeithiol, yn ysgrifenedig ac ar lafar, boed wyneb yn wyneb neu drwy ddefnyddio technoleg o bell. 	

	<ul style="list-style-type: none"> • Gallu rheoli ei amser ei hun, blaenoriaethu llwythi gwaith, a gweithio fel aelod o dîm. • Gallu gweithio mewn ffordd hyblyg o dan bwysau ac er budd pennaf y sawl a aseswyd, boed yn ddefnyddiwr gwasanaeth neu'n ofalwr. • Gallu cynorthwyo defnyddwyr y gwasanaeth i gymryd rhan mewn gweithgareddau i hybu eu llesiant corfforol a meddyliol; gall hyn gynnwys gweithgareddau awyr agored, ymhlith gweithgareddau eraill. • Gallu gyrru a gallu defnyddio ei gar/char ei hun i gludo defnyddwyr gwasanaeth. • Trwydded yrru lawn a pharodrydd i gael hyfforddiant MIDAS (i yrru bysiau mini).
Profiad gofynnol	<ul style="list-style-type: none"> • Dwy flynedd o brofiad o weithio gyda phlant, pobl ifanc neu oedolion sydd mewn perygl. • Profiad o weithio'n uniongyrchol gyda phlant a/neu bobl ifanc a/neu oedolion mewn grwpiau/fel teulu neu ar sail un i un. • Gallu paratoi cofnodion ac adroddiadau cywir, a deall pwysigrwydd cadw mewn cysylltiad â'r rheolwr llinell bob amser. • Asesu risgiau sefyllfaol a risgiau tymor canolig, a sicrhau bod unigolion yn ddiogel bob amser tra'r ydych yn gofalu amdanynt. • Gwybodaeth am anghenion teuluoedd a phlant a/neu oedolion sy'n agored i niwed.
Hyfforddiant/addysg y mae'n ofynnol eu cyflawni/mynd ati i'w cyflawni ar gyfer y swydd	<p>Bydd gofyn i ddeiliad y swydd gyflawni'r holl gyrsiau e-ddysgu gorfodol a ganlyn:</p> <p>Diogelu Plant ac Oedolion sydd mewn Perygl – Lefel 1 Trais yn erbyn Menywod, Cam-drin Domestig a Cham-drin Rhywiol Chwythu'r Chwiban Deddf Llesiant Cenedlaethau'r Dyfodol Cydraddoldeb ac Amrywiaeth Diogelu Data Ymwybyddiaeth o'r Gymraeg Iechyd a Diogelwch Diogelu Gwybodaeth</p> <p>Yn ychwanegol at y cyrsiau uchod, bydd gofyn ichi hefyd gyflawni hyfforddiant perthnasol arall, fel:</p> <p>Diogelu Codi a chario Rheoli sefyllfaoedd heriol</p>

	<p>Team Teach a/neu Reoli Ymddygiad Cadarnhaol</p> <p>Hyfforddiant ymlyniad</p> <p>Gwaith uniongyrchol mewn grwpiau neu ar sail un i un</p> <p>Deddf Gwasanaethau Cymdeithasol a Llesiant 2014 –</p> <p>Ymwybyddiaeth gyffredinol</p> <p>Arwyddion Diogelwch a Llesiant</p> <p>Cymorth Cyntaf</p> <p>Cymhwyster asesu rhianta</p> <p>Dadansoddi ac adfyfrio mewn asesiadau</p> <p>Hyfforddiant MIDAS</p>
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Dymunol	
Cymwysterau / hyfforddiant	
Sgiliau ymarferol / personol	<p>Byddai'n ddymunol pe bai ymgeiswyr yn meddu ar yr hyn a ganlyn:</p> <ul style="list-style-type: none"> • Hyder i weithio gydag unigolion a grwpiau. • Dealltwriaeth o'r Ddeddf Hawliau Dynol, Confensiwn y Cenhedloedd Unedig ar Hawliau'r Plentyn, a Deddf Gwasanaethau Cymdeithasol a Llesiant 2014. • Dealltwriaeth o broblemau o ran datblygiad plant, ac o gyflyrau a allai effeithio ar bobl hŷn, fel dementia. • Dealltwriaeth o sut i wella llesiant plant ac oedolion. • Y gallu i baratoi cofnodion cryno a chynnil o unrhyw gamau a gymerwyd, ac i gofnodi'r canlyniadau. • Y gallu i gyfrannu at asesiadau ac adolygiadau yn ysgrifenedig ac ar lafar. • Dealltwriaeth o ddadansoddi ac adfyfrio yn eich gwaith. • Y gallu i weithio gartref yn effeithiol, gan gynnwys band eang cyflym a dibynadwy o ansawdd da. • Profiad o gynorthwyo oedolion a theuluoedd ag anghenion ychwanegol a/neu gymhleth gyda pholisïau a gweithdrefnau sy'n ymwneud â diogelu, iechyd, diogelwch a diogeledd, cyfrinachedd, a diogelu data.

Job Description

Post Name	Support Worker (Through Age) Level 3 – Mental Wellbeing
Service	Porth Cynnal
Grade	Grade 7
Job Evaluation Post Ref	JD 1486 vp
Salary	£27,711 - £29,572 pro rata
Job Purpose	<p>To work in the Through Age Wellbeing Integrated Services Model to assist in planning, supporting, supervising and undertaking specific activities and other work with children, young people, adults and their families who experience mental health issues.</p> <p>To be responsive and flexible to the needs of the Through Age Wellbeing Integrated Services Model including developing and running preventions & interventions that promote good outcomes and that will increase the safety and resilience of service users.</p> <p>This role will work within Mental Wellbeing. On occasions where there is a need you will be required to work in or collaboratively with another Team or location within the Through Age Wellbeing Integrated Services Model.</p>
Location	Penmorfa, Aberaeron
Hours of Work	37 hours per week
Type of Contract	Full time
Contract Duration	Fixed Term 1 year
Line Managers Job Title	Emma Thomas Team Manager Mental Wellbeing
Supervisory/Managerial Responsibilities	To supervise new staff members during 'on the job' task based induction training when paired to work with them.
Accountability	<p>Responsible for:</p> <ul style="list-style-type: none"> • I.C.T. equipment e.g. tablet, mobile phone and/or a laptop. • Supplies and equipment relevant to the role such as personal care products, play equipment.
Contractual Terms Associated with the Post	<p>Safeguarding and protecting adults and children at risk are key priorities for us. We aim to support adults, children and young people at risk to ensure they are as safe as they can possibly be. We acknowledge their right to protection and will take action to safeguard their welfare. Each member of staff and volunteer is expected to share this commitment, and we will require an Enhanced and Barred Adult and Child Check by the Disclosure and Barring Service (DBS) before appointing to this post.</p>

Overview of the Through Age and Wellbeing Integrated Services Model

The Through Age Wellbeing Integrated Services Model is a new way of meeting people's needs by ensuring that the right people are in place to make the right decisions at the right time.

The Through Age Wellbeing Integrated Services Model will:

- be the first point of contact for residents and key partners
- design and deliver early prevention and intervention packages bespoke to individuals' needs
- decide upon the most appropriate services to deliver care and support in a time-related manner
- monitor and evaluate the impact of support

Duties and Responsibilities

DUTIES

- To carry out duties as identified in care and support plans, this may include working with service users who have complex or high needs.
- To assist in carrying out assessment of service users including those with complex or high needs to inform care / support plans.
- To develop and carry out specific programs of direct & virtual work with children, young people and adults on a 1-1 or family or group basis working alongside other professionals and agencies to support individual care and support plans.
- To assist with service developments, provisions, programmes and projects by developing and providing specific sessions/support for service users with complex of high needs.
- To facilitate learning and skills based training in small groups.
- If required, to be responsible for, and as a secondary allocation, a small case load or work as directed where there is a requirement to work intensively with the service users to avoid them reaching crisis points.
- To identify and manage short and medium term risk to ensure that service users are safe and to recognise risks that must be escalated to the appropriate professional.
- To be responsible for delivering preventions and interventions, including complex cases, that will support individuals with their mental, social and physical wellbeing and seeking to improve their long term outcomes.
- To work in partnership with individuals, their families and other agencies in a consistent and proactive way, using
- a signs of safety strengths based approach.

- Implementing agreed methods of support relevant to the care and support plans where relationships are difficult.
- Follow the agreed individualised positive behavior management plan utilising the techniques and resources outlined in the care and support plan or any other intervention plan.
- To provide a witness statement for legal proceedings where necessary.
- To maintain up to date recording systems as required to document your work.
- To be available for work during unsociable hours.
- To undertake any other duties commensurate with the level and expectation of the post, including when required working in another Team and/ or location.

Quality Assurance

- To evaluate the service user's satisfaction with the support provided.
- Maintain appropriate records in accordance with Council or Service requirements and the provision of data where relevant.

General Responsibilities

- To actively promote the Welsh language and service user language preferences as required by the Welsh language standards and More than Just Words framework.
- To promote equality of opportunity in the delivery of services.
- Develop effective partnership working with internal and external colleagues and other agencies.
- Adhere to relevant statutory legislation and guidance, internal policies and procedures in relation to professional and administrative matters.
- To have knowledge and awareness of the relevant National and Local Strategies including the Through Age and Wellbeing Integrated Strategy.
- To attend team meetings, supervision sessions and training courses when appropriate and as directed by the Line Manager, for personal and professional development.

Person Specification

Essential		
Academic / Professional / Technical / Vocational Qualifications	<ul style="list-style-type: none"> • QCF3 in relevant subject or equivalent qualification in a discipline which is relevant to working with Children, Young People, Adults and/ or Families (or working towards) or an ability to demonstrate competence through experience • 5 GCSE's Grade C or above including Mathematics and Welsh or English or equivalent qualifications. 	
Welsh Linguistic Skills	Listening/Speaking: Level 3 Reading: Level 2 Writing Level 2	The Welsh linguistic skills noted must be attained within two years of appointment.
English Linguistic Skills	Listening/Speaking: Level 3 Reading: Level 3 Writing Level 3	The English linguistic skills noted are required on appointment
Required practical and personal skills	<ul style="list-style-type: none"> • Excellent interpersonal skills required, with an ability to effectively engage with children, young people, adults and families. • Ability to form constructive working relationships with colleagues, communities and other networks. • Ability to communicate clearly and effectively with both children and adults, evidencing good written and oral skills in Welsh or English. • Undertake appropriate training to contribute to professional development and skills. • Understanding of roles and responsibilities within different environments and professional disciplines. • Work constructively as part of a team and on own initiative. • Able to support service users who may be anxious and distressed at times including complex cases. • Work in an inclusive way to promote equality and support an individual to meet their potential. • An appreciation of and ability to work in a person centered way. • Have an awareness of cultural and language issues. • IT skills across a range of systems and tools, e.g. social care client database, e-mail, internet based learning programs and Microsoft applications. • Be effective in written and verbal communications; both face to face and using remote technology. • Be able to manage your own time and prioritise workloads and work as a member of a team • Be able to work flexibly when under pressure and in the best interest of the assessed person, be that service user or carer. 	

	<ul style="list-style-type: none"> • Able to support service users to engage in activities to promote physical and mental wellbeing, this may include but is not limited to outdoor activities. • <i>Ability to drive and have own car to transport service users.</i> • <i>Full driving license and be prepared to undertake MIDAS training (minibus).</i>
Required Experience	<ul style="list-style-type: none"> • 2 years experience of working with Children, young people, or adults at risk. • Experience of working directly with children and/ or young people and/ or adults in groups/as a family or on a 1-1 basis. • Able to compile accurate records and reports and understand the importance of keeping in touch with the line manager at all times. • To assess situational and medium term risk and ensure that individuals are safe at all times whilst in your care • Knowledge of the needs of vulnerable families and children and/or adults.
Training/education required to be undertaken for the post/worked towards	<p>You will be required to undertake the following mandatory e-learning courses:</p> <p>Safeguarding Children & Adults at risk – Level 1 Violence against Women, Domestic Abuse & Sexual Violence (VAWDASV) Whistleblowing Well-being of Future Generations Act Equality & Diversity Data Protection Welsh Language Awareness Health & Safety Information Security</p> <p>In addition to the above you will also be asked to do other relevant training such as:</p> <p>Safeguarding Manual Handling Managing challenging situations Team Teach and/ or Positive Behaviour Management Attachment training Direct Work in groups or 1-1 SSWB Act 2014 – General awareness Signs of Safety and Well-being First Aid Parenting assessment qualification Analysis and reflection in assessments</p>

	MIDAS training
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Desirable	
Qualifications / Training	
Practical / Personal Skills	<p>It is desirable for candidates to have:</p> <ul style="list-style-type: none"> • Confident in being able to work with individuals and in a group setting • An understanding of the Human Rights Act and United Nations Convention on the Rights of a child (UNCRC) and Social Service Well-being Act 2014. • Understanding of children’s developmental issues and conditions which may affect older people such as dementia. • Understanding of how to improve children and adult’s wellbeing. • Ability to compile brief and concise case recordings of any actions undertaken and record the outcomes. • Ability to contribute verbally and in written form to assessments and reviews. • Understanding of analysis and reflection in your work • The ability to work effectively from home, including good quality reliable broadband speed. • Experience of supporting adults and families with additional and/or complex needs with policies and procedures relating to safeguarding, health, safety and security, confidentiality and data protection.